



## Jackie Black, Ph.D.

Jackie Black, Ph.D., is an internationally recognized Relationship Expert, Educator, Author and Coach who knows that Love is NOT enough.

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**Dr. Jackie Black**  
Relationship Expert, Educator,  
Author and Coach

## Meet Dr. Jackie Black

Jackie Black, Ph.D., is an internationally recognized Relationship Expert, Educator, Author and Coach whose breadth and depth of experience attracts clients from all over the world.

Dr. Jackie, named by COSMO as one of their most beloved international love gurus, knows that “Love is NOT enough!”

Marriage-Minded Singles and Successful, Committed Couples need to develop emotional intelligence; learn, practice and master essential relationship success skills; and must be courageous, compassionate, committed, tolerant and persistent.

Dr. Jackie serves men and women who are marriage-minded singles, couples exploring commitment, newly-married, conscious-couples wanting to make a good marriage better, couples in trouble, and couples facing illness or the death of their partner.

Dr. Jackie delivers her monthly Relationship Tip Sheet to men and women in over 38 countries. Her high-content and fast-paced downloadable podcasts focus on current, and sometimes controversial, relationship-driven issues. To listen please visit [www.RelationshipTalkPodcast.com](http://www.RelationshipTalkPodcast.com)

Dr. Jackie is a frequent guest expert on radio stations throughout the U.S. and Canada and on Internet radio; and is regularly cited in major magazines in the U.S. and abroad: *Cosmopolitan USA and Cosmopolitan UK, Cosmopolitan SA, Men’s Health Magazine, Women’s Health Magazine, Maxim Magazine, SELF Magazine, The NEST Magazine, Match.com, VIP Contém (Brazil), Politico, AOL Personals, Yahoo Personals!, and HitchedMag.com.*

She is a popular Internet syndicated columnist, radio personality, veteran lecturer and relationship blogger and educator. Please read Dr. Jackie’s blog at [www.AskDrJackie.com](http://www.AskDrJackie.com)

She is an experienced TeleClass leader and offers TeleLearning opportunities from time-to-time.

In addition to her Relationship Coaching business, Dr. Jackie is on the faculty of Coach Training Alliance one of the top 10 coach training organizations in the world.

Watch Dr. Jackie in action. Her You Tube Channel [www.youtube.com/user/drjackieblack1](http://www.youtube.com/user/drjackieblack1) feature her videos and interviews.

Dr. Jackie's best-selling dating book, ***Meeting Your Match: Cracking the code to successful relationships***, is the definitive guide that takes the reader through the process of meeting and dating in a straightforward and practical way. This book is a treasure trove of information, all with step-by-step processes to take you from single to being part of a rewarding relationship—and isn't that what most of us really want?

Her second book in the Cracking-the-Code series is ***Couples & Money: Cracking the code to ending the #1 conflict in marriage***. Managing your money with your partner and building wealth are basic fundamental requirements of a healthy, committed couple. By the time you finish the last page, you will be able to successfully and completely change your personal relationship with money; and forever transform the money conflicts in your marriage.

Dr. Jackie's third book in the Cracking-the-Code series is ***Love Like a Black Belt: Cracking the code to being a happy couple***. Dr. Jackie co-authored this book with Jim Bouchard, who has been a professional martial artist and instructor for 25 years. Jim is the author of the Amazon bestseller *Think Like a Black Belt* and he tours nationally to teach his Black Belt Mindset philosophy for conference and corporate audiences. ***Love Like a Black Belt: Cracking the code to being a happy couple*** is the ultimate guide for committed couples to build a strong, respectful and lasting love-relationship based on learning, practicing and mastering the essential relationship success skills as discussed by Dr. Jackie, while staying true to the core characteristics of the Black Belt Mindset as discussed by Jim. ***Love Like a Black Belt: Cracking the code to being a happy couple*** is anticipated to be released early in 2012.

***People Talking: Cracking the code to being understood*** is Dr. Jackie's next book in the Cracking-the-Code Series and is scheduled for release in mid 2012. ***People Talking: Cracking the code to being understood*** is your primer to saying what you mean and meaning what you say, and understanding that communication is really related to the quality of your relationships! In every communication there is a sender and a receiver; and the breakdown in communication occurs somewhere in between. ***People Talking: Cracking the code to being understood*** is your guide to how to identify and analyze the breakdowns; learn the three main ways to listen deeply and elegantly; and practice specific strategies and skills so you will regularly understand and be understood by the people with whom you interact.

In addition to her private relationship coaching services, Dr. Jackie offers *Meeting Your Match Small Mastermind Groups* and *Couples & Money Small Mastermind Groups*.

Your Relationship Coach is your personal trainer for your relationship! Working with a professional coach on a regular basis will move you through the stuck places much more quickly, and will provide an energized, creative and exciting place to learn and grow.

Relationship Coaching will shorten your learning curve and will deepen and enliven your attention and intention to your Self, your partner and your relationship! Your Relationship Coach is your partner and champion supporting you to build or rebuild the life that you love with the love of your life!

Personal relationship coaching is available for individuals and couples by telephone or on Skype from anywhere in the world. Dr. Jackie offers individualized support so you can learn, practice and master the essential relationship success skills and build a lasting and happy marriage that matches for both partners once and for all!

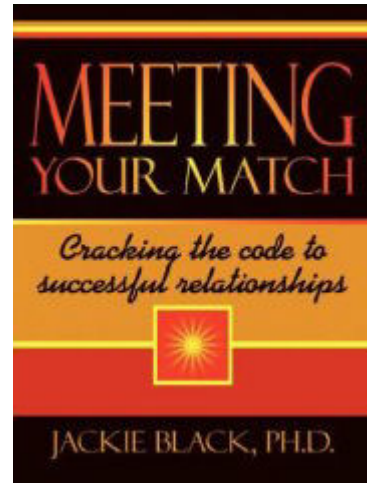
- **Couples Coaching:** Couples work individually with Dr. Jackie on the telephone or on Skype regularly for the block or blocks of time you choose.
- **Private Couples Camp:** Couples work with Dr. Jackie in person for two, full-day private sessions where you will be safe to explore relationship issues that cannot be discussed fully in weekly sessions, and that will transform your relationship forever.

- **Virtual Private Couples Camp:** Couples work with Dr. Jackie for two, full-day private sessions. We work together on the telephone or on Skype in the blocks of time you choose so you can explore relationship issues that cannot be discussed fully in weekly sessions, and that will transform your relationship forever.
- **Weekend Couples Camp:** Couples work with Dr. Jackie and up to 11 additional couples in person for a 2.5 day weekend period.
- **Virtual Couples Circles:** Couples work with Dr. Jackie on the telephone or on Skype and up to 7 additional couples weekly.
- **Marriage-Minded Singles Intensive:** Individuals work with Dr. Jackie on the telephone or on Skype weekly or for the block or blocks of time you choose.
- **Meeting Your Match Small Mastermind Group:** Individuals work with Dr. Jackie and five or six other individuals weekly on the telephone or on Skype.
- **Couples & Money Small Mastermind Group:** Couples work with Dr. Jackie and four other couples weekly on the telephone or on Skype.

For information about how to work with Dr. Jackie on specific relationship issues, email Dr. Jackie at [DrJackie@DrJackieBlack.com](mailto:DrJackie@DrJackieBlack.com); or call her direct at 760-346-9795, Skype ID drjackieblack.

Dr. Jackie Black is available for interviews, workshops, private individual and couples coaching, small mastermind group coaching, and personalized couples retreats. For more information, contact Dr. Jackie by email at [DrJackie@DrJackieBlack.com](mailto:DrJackie@DrJackieBlack.com) or call her direct at 760-346-9795, Skype ID drjackieblack.

**Publication Date: August 2007**  
**Contact: Dr. Jackie Black, 760-346-9795**  
**Skype ID: drjackieblack.**  
[DrJackie@DrJackieBlack.com](mailto:DrJackie@DrJackieBlack.com)



## **Dating Guru, Dr. Jackie Black, Launches Universal 'How To' Book for Singles**

Most people are looking for 'the one,' but mostly the journey of discovery is random. Things have just taken a big step forward—internationally recognized relationship expert, Jackie Black, Ph.D., has used her considerable experience in coaching people to build and maintain successful relationships to deliver the definitive guide to meeting your match.

Dr Jackie's book, **Meeting Your Match—Cracking the code to successful relationships**, takes the reader through the process of meeting and dating in a straightforward and practical way. This is the one book that will help busy singles to find that special person, without spending lonely evenings buried in take-home work, or wondering why their business success isn't mirrored in their personal life.

Drawing on her experience coaching couples, Dr Jackie is known as a dating Guru; her radio appearances have delivered consistent, thoughtful and practical advice to audiences worldwide. Now she has put her experience in writing—it's a book that every single should read.

Who could resist the idea of crafting an elegant agreement that ensures that both of you get what you want from the relationship? Dr Jackie will tell you how. There is a treasure trove of information, all with step-by-step processes to take you from single to being part of a rewarding relationship – and isn't that what most of us really want?

Dr. Jackie says, "Living your best life and love life is all about taking responsibility, acting on your own behalf and being the architect of your life; and has little or nothing to do with your past, luck or destiny."

-More-

**Excerpt from:**  
**Meeting Your Match—Cracking the code to successful relationships**

We all have a need for a certain amount of stability in our lives. You'll find that you have four cornerstones that are the foundation on which your life is grounded. These are:

- Your needs and values; the external and internal structures of your life.
- Your vision; what you want your life to be.
- Your life purpose; your reason for being.
- Your mission; the daily choices and behaviors that put into action living on purpose with vision driven by needs and values.

These form the basis of your inner life. Right now you may not be clear on what some of these are, but they are all there in your subconscious and help you to make decisions that are right for you.

In my worldview, it is essential to work on these four, so you can be certain you are engaging in your life and in the dating process with integrity and with accurate information and full awareness about yourself.

Let me explain: you create your life and your love life through your beliefs, intentions and the actions you take in the world. Every one of us has an inner guidance system that drives us and guides us in making choices, whether we are aware of it or not.

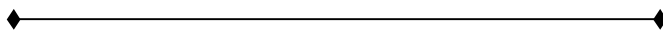
***Your inner guidance system is a combination of these four related, but separate, parts. A love relationship is most fulfilling and satisfying when it is in alignment with your needs/values, vision, life purpose and mission.***

If you live from your very being, you will live a life in alignment with your needs/values, vision and life purpose. When you live from your very being, you can genuinely love and be loved by another; you can know a love that grows out of choice. Real love with your partner-in-life will allow you to experience being loved by someone who chooses to love you, who sees in you something worth loving.

What so many people forget is that lasting happiness, peace of mind, deep and joyful love, abundance, physical and emotional health are created primarily through who you are being rather than what you are doing or having.

It is who you are being that matters most! We are human beings first and foremost, after all. To be, then to do and have is part of our very essence; to be our best, to be all that we desire to be.

Chapter 1 is free to download at: <http://www.drjackieblack.com/resources/free-chapters/>



**Meeting Your Match—Cracking the code to successful relationships**

**By Jackie Black, Ph.D.**

Published by AuthorHouse

August 2007; ISBN: 978-1434326966/Paperback

# Changing The Landscape Of Love Relationships Worldwide ...and Dr. Jackie tells Why and How

Love is NOT enough! When two people fall in love, something profound is happening that goes far beyond physical attraction, desire for companionship and even similarity of values and interests.

There is an activation of an unconscious agenda that began years ago, rooted in childhood hurts and unmet needs.

Basically, we have three brains and not just one. Couples must understand how brain physiology impacts intimate, committed relationships. Successful couples need to be emotionally intelligent, learn and practice essential relationship skills and be courageous, compassionate, committed, tolerant and persistent.

### Three Possible Formats to Consider:

1. Question and Answer interview with Dr. Jackie as the guest expert.
2. Dr. Jackie commenting on issues or current events, offering interesting points of view and constructive feedback.
3. Dr. Jackie actually coaching singles or couples as they present their issues/challenges on air; or an example of the components of a coaching session in an article.

### 10 Possible Segment/Story Ideas

1. The real reason highly successful people have dismal love relationships.
2. Get ready to find the love of your life in 90 days.
3. Put the spark back into your marriage in three easy steps.
4. How to create safe and successful dating on the Internet.
5. What is "Conscious Divorce" and how is it a legitimate choice?
6. Surviving the Economy. Now couples can focus on their money psychology.
7. Dating? Design your relationship plan and date smart!
8. Put the pieces together to build a healthy step-family.
9. End stress and squabbling by finding your way back to each other in short order.
10. Stop the painful cycle of dating, falling in love and breaking up.

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Marriage-Minded Singles and Successful, Committed Couples need to develop emotional intelligence; learn, practice and master essential relationship success skills; and must be courageous, compassionate, committed, tolerant and persistent.

Dr. Jackie serves men and women who are marriage-minded singles, couples exploring commitment, newly-married, conscious-couples wanting to make a good marriage better, couples in trouble, and couples facing illness or the death of their partner.

She is a popular newspaper, magazine and Internet syndicated columnist, radio personality, author, and a veteran lecturer and educator. She is recognized for her high-content and fast-paced focus on current, and sometimes controversial, relationship-driven issues.

To learn more about Dr. Jackie's work and her specialized coaching services, visit her website at [www.DrJackieBlack.com](http://www.DrJackieBlack.com). Additional Cracking The Code Book Series information is available at [www.CrackingTheCodeBooks.com](http://www.CrackingTheCodeBooks.com).

**To book an interview with Dr. Jackie Black, please contact Dr. Jackie at 760-346-9795, Skype ID drjackieblack; or [DrJackie@DrJackieBlack.com](mailto:DrJackie@DrJackieBlack.com)**

## **Relationship Interview Questions for Dr. Jackie Black Relationship Expert, Educator, Author and Coach**

1. What do you mean by "Inner Guidance System" as it relates to relationships and how does it drive us as we make choices and decisions?
2. What do you mean when you refer to a "relationship"? Why is it significant to know the differences between a dating relationship, a pre-committed relationship and a committed relationship?
3. Why is the dating process different depending on why you are dating?
4. How do you identify your "ideal match" and what has it got to do with knowing yourself and knowing your partner?
5. What makes boundaries, commitments, and agreements the three essential life skills and absolute requirements of a loving, lasting relationship?
6. Most of us know how to hear, but many of us have never learned how to listen. How do you develop essential listening skills to effectively hear and interpret what our partners are saying to us? How do we successfully communicate what we really mean to say?
7. Men and women are always curious about how to engage each other in conversations about money. What questions are OK to ask? When do you start asking direct questions about money?
8. There is a disturbing attitude among some Internet daters that courtesy, integrity and honor don't apply on "the net." You say that integrity is not a choice. How do you employ common sense, courteous behaviors otherwise known as etiquette?
9. Internet dating can be scary and sometimes dangerous. What tips do you have for being alert and staying safe when dating on the Internet?
10. Is "Internet Social Networking" destroying our personal relationships? Are people too involved in what everyone else is doing and not paying enough attention to the relationship they have?
11. Long-term committed relationships often lose that "spark" you once had. How do you and your partner carve out quality, alone time every week? Should you both take responsibility for planning your time together, or does the task fall to one or the other? What do you do is one or both of you allow "real" interruptions to get in the way or spoil your planned time?
12. You hurt your partner's feelings, or cause them to mistrust you. What essential steps can be implemented to repair hurt feelings and shaken trust in any relationship?
13. Each one of us has our own unique experience of being single and living alone. How do you become present and fully engaged in your life so that it remains the centerpiece of all that you are and all that you do?
14. Healing from divorce can be a long process with strong emotional scars. What is the repair process and how do you know when it is prudent to enter into a new relationship?

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To learn more about Dr. Jackie's work and her specialized coaching services, visit her website at [www.DrJackieBlack.com](http://www.DrJackieBlack.com). Additional Cracking The Code Book Series information is available at [www.CrackingTheCodeBooks.com](http://www.CrackingTheCodeBooks.com).

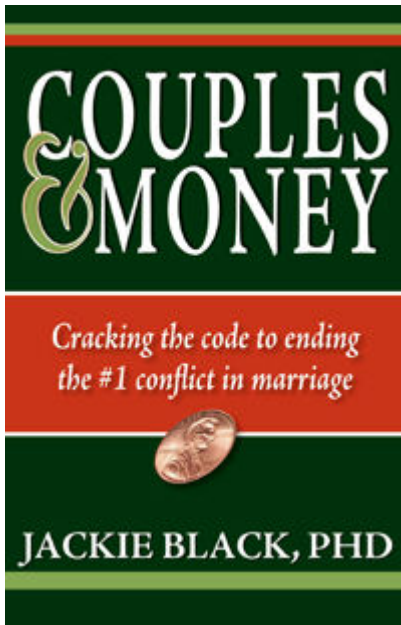
**To book an interview with Dr. Jackie Black, please contact Dr. Jackie at 760-346-9795, Skype ID drjackieblack; or [DrJackie@DrJackieBlack.com](mailto:DrJackie@DrJackieBlack.com)**

# COUPLES & MONEY—Cracking the code to ending the #1 conflict in marriage

By Jackie Black, Ph.D.

The vast majority of married couples argue over money, making it the major reason couples fight and lack harmony in their relationships. Money disputes and differences are the number one leading cause of tension, conflict, marital dissatisfaction and divorce among contemporary couples. If you and your partner are like most couples, chances are you've had an argument about money today or yesterday!

Your relationship with money impacts everything about you—especially your marriage. Managing your money with your partner and building wealth are basic fundamental requirements of a healthy, committed couple.



Financially, this book will help you recognize where you are, how you got here, where you want to go and how to get there! Remember that you did not get here all by yourself. By the time you finish the last page, you will be able to successfully and completely change your personal relationship with money; and forever transform the economic issues and money conflicts in your marriage!

***COUPLES & MONEY—Cracking the code to ending the #1 conflict in marriage*** highlights important questions to ask yourself that motivates you to examine what your values, beliefs, attitudes and behaviors are as they relate to money. Real life stories depict couples in financial crisis and how they learned to use practical tools and skills to gain financial ownership of their lives. Worksheets completed individually and as a couple, will stimulate you to identify and strengthen the financial weaknesses that limit and overwhelm you.

You'll learn about your own money psychology. Whether your money psychology is based in prosperity thinking or scarcity thinking, no worries! Do you recognize how your past has deeply affected, and continues to influence, your financial present and future? Identify your false beliefs, assumptions and myths about money so you can change the ideas that bind you and create beliefs that will support you to become financially fit!

Even though you are a couple, your participation as an individual, and your partner's participation as an individual, impacts, affects and influences all the choices and decisions you make, or don't make, as a couple. Money freedom requires that your thoughts, feelings, actions and beliefs about money match!

Discover how to think strategically by viewing your finances as a family business. First, take a look at the six most common ways to manage your money; and then at a process that will support you to build and grow your Family Business by creating a safe place for effective communication to resolve underlying, and sometimes volatile, disagreements about money. Creating your financial vision and your financial goals is the key to ending money conflicts forever.

You and your partner will be able to develop the commitments that you both believe make sense, and that you both can and will honor to make your financial visions, hopes and dreams your financial realities!

This book sets forth "must-have" essential relationship success skills that you and your partner will use over and over in many circumstances throughout your life together. There are many components that influence the decisions you make in your relationship—culture, health issues, employment, children, to name a few. Money is only a microcosm of your life and of your relationship. When you learn, practice and master these skills, you will be able to manage your money better, and co-create your financial fitness to build wealth.

Money cannot make you happy, but intentional decisions and choices related to money can provide the means of unlimited good for you and many others in your life. You are more than your money, and more than your money can buy.

-More-

**Excerpt from:**  
**Couples & Money—Cracking the code to ending**  
**the #1 conflict in marriage**

As partners building a life together, you don't realize that the tried and true business principles that successful business people have depended on for decades are the same principles that will support you in talking about money, making decisions about money, and in enabling you to make your dreams come true.

Managing your money with your partner is one of the basic fundamental requirements of being a healthy, committed couple. And guess what? It doesn't make a bit of difference if you have more money than you can ever spend in a lifetime or if you don't have any discretionary income at all.

Here are the good reasons that money issues come up in your marriage:

You and your partner have...

- Different earning capabilities and ideas about money earned;
- Different spending habits;
- Different savings goals;
- Different thoughts and ideas about investing;
- Different fears about being poor, and fantasies about being rich!

There is one sure thing: Financial problems will eventually surface in your marriage. Couples bicker more about money than about practically anything else. No surprise, then, that when money is tight, the battles can really heat up.

People are preoccupied with money. Making money, losing money, earning money, gambling money, saving money for retirement (or a boat, car, house, vacation)—our ideas and beliefs about money permeate our lives.

Single, married, separated or divorced—whatever your situation, it's essential to do some self-examination to understand your attitudes toward money and how they impact your relationship.

We call this your Money Psychology or Money Scripting!

Chapter 1 is free to download at: <http://www.drjackieblack.com/resources/free-chapters/>



**Couples & Money—Cracking the code to ending the #1 conflict in marriage**

**By Jackie Black, Ph.D.**

Published by Outskirts Press

September 28, 2010; ISBN: 978-1432750602/Paperback

## ***COUPLES & MONEY—Cracking the code to ending the #1 conflict in marriage***

### **Changing the Way People Think & Talk About Money in Their Relationships Changing The Landscape Of Money & Love Relationships Worldwide ...Dr. Jackie Reveals Why and How**

#### **Three Possible Formats to Consider:**

1. Question and Answer interview with Dr. Jackie as the guest expert.
2. Dr. Jackie commenting on the issues or current events, offering interesting points of view and constructive feedback.
3. Dr. Jackie coaching couples (in real time on air) who are in relationship crisis and arguing and upset about money, so audiences can witness how regular people begin to positively transform the money issues and conflicts in their marriage in short order; or present, in an article, an example of the components of a coaching session.

#### **Three Possible Story Ideas:**

**Learn about Your Own Money Psychology:** Whether your money psychology is based in prosperity thinking or scarcity thinking, no worries! Do you recognize how your past has deeply affected, and continues to influence, your financial present and future? Identify your false beliefs, assumptions and myths about money so you can change the ideas that bind you and create beliefs that will support you to become financially fit! Even though you are a couple, your participation as an individual, and your partner's participation as an individual, impacts, affects and influences all the choices and decisions you make, or don't make, as a couple. Money freedom requires that your thoughts, feelings, actions and beliefs about money match!

**Essential Relationship Success Skills:** These are skills that you and your partner will use over and over in many circumstances throughout your life together. There are many components that influence the decisions you make in your relationship—culture, health issues, employment, children, to name a few. Money is only a microcosm of your life and of your relationship. Intentional decisions and choices related to money provide the means to resolve the conflicts erupting in relationships with those who surround you. When you learn, practice and master these skills, you will be able to manage your money better, and co-create your financial fitness to build wealth.

**Think Strategically by Viewing Finances as a Family Business:** First, take a look at the six most common ways to manage money. Then Dr. Jackie reveals a process that will support building and growing a Family Business by creating a safe place for effective communication to resolve underlying, and sometimes volatile, disagreements about money. Discover how creating a financial vision and financial goals is the key to ending money conflicts forever. You and your partner will be able to develop the commitments that you both believe make sense, and that you both can and will honor to make your financial visions, hopes and dreams your financial realities!

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## **Interview Questions for Dr. Jackie Black**

### ***Couples & Money—Cracking the code to ending the #1 conflict in marriage***

1. Dr. Jackie, you believe that our past has deeply affected and continues to influence our financial present and future. Why do we hang on to the past?
2. Can you successfully challenge and change your early beliefs about money?
3. Can you successfully challenge and change your attitudes about money?
4. Can you learn to make sustainable changes in everyday money decisions?
5. Dr. Jackie, why do so many couples have money issues?
6. What is Money Psychology?
7. Part of ending the #1 conflict in marriage includes building the Family Business. What do couples need to know and understand about this concept?
8. Dr. Jackie, you teach couples “Essential Relationship Success Skills” that will enable them to talk about money and manage money better. What are Relationship Success Skills?
9. In the few minutes we have left, can you explain why talking about money is so difficult; and why conversations about money get so charged so fast?
10. What about when you get upset with your partner when you're talking about money? What tips do you have for when you get reactive?
11. What to do if your partner isn't motivated to participate in financial conversations or resists taking financial action.
12. What to do if your partner is too controlling with money.
13. What to do if your partner overspends and doesn't seem interested in changing their behaviors.
14. What to do if YOU are overly controlling with money and want your partner to assume more financial responsibility, yet you're afraid to give up control.
15. What to do if you don't trust your partner when it comes to money

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Dr. Jackie serves men and women who are marriage-minded singles, couples exploring commitment, newly-married, conscious-couples wanting to make a good marriage better, couples in trouble, and couples facing illness or the death of their partner.

She is recognized for her high-content and fast-paced focus on current, and sometimes controversial, relationship-driven issues.

### Dr. Jackie - Internet Article Publishing:

Dr. Jackie’s articles with a focus on dating, committed relationships, divorce and grief recovery are syndicated throughout the Internet and are featured in many online magazines, newsletters and web sites. Among them are...

eZine Articles.com  
Self Growth.com  
Best Life Design.com  
First 30 Days.com  
Freud TV.com  
Hitched Magazine.com  
Single Minded Women.com  
Happen Magazine-  
Match.com  
Women’s Web.ca  
Wellness.com

Connections for Women.com  
AOL Personals.com  
Women Of.com  
Singles Café.net  
Idea Marketers.com  
Dating Expo.com  
Shine from Yahoo.com  
Articles Base.com  
People Jam.com  
Savvy Cafe.com  
Selected Web.com

Articles for Boomers.com  
Relationship911.com  
ReadySetRise  
Newsletter.com  
Prosperous Coach.com  
Healthy Wealthy nWise.com  
Storknet.com  
YAHOO Personals.com  
Intent.com  
Beyond the Dress.com

### Dr. Jackie In Major Publications:

Dr. Jackie, called the “Love and Relationship Doctor” by Cosmopolitan UK, is regularly cited in major magazines and publications:

Cosmopolitan UK  
Cosmopolitan USA  
Cosmopolitan SA  
Men’s Health Magazine  
Women’s Health Magazine

Maxim Magazine  
SELF Magazine  
Pregnancy Magazine  
Life & Style Magazine  
The NEST Magazine

Happen Magazine  
Politico In Print Newspaper  
The Knot Magazine  
ReSource Magazine UK  
VIP Magazine—Brazil

**Author of best-selling Meeting Your Match: Cracking the code to successful relationships:** *Meeting Your Match* is the book for everyone who is ready to identify what you are looking for in a partner; ready to know yourself so that you can recognize the right life partner; and ready to do what you can do to build the kind of relationship we all long to have. *Meeting Your Match* is your guide to how to make a relationship work, and navigate the world of dating. ***Meeting Your Match: Cracking the code to successful relationships*** is available at: Amazon.com, AuthorHouse.com, BarnesAndNobel.com, Buy.com and everywhere books are sold.

## **Author of best-selling *Couples & Money: Cracking the code to ending the #1 conflict in marriage*:**

***Couples & Money***, the second book in Dr. Jackie's Cracking-the-Code series, is a must-read for relationship-minded singles as well as for couples. By the time you finish the last page, you will be able to successfully and completely change your personal relationship with money; and forever transform the money conflicts in your marriage. The vast majority of married couples argue over money, making it the major reason couples fight and lack harmony in their relationships. Money disputes and differences are the number one leading cause of tension, conflict, marital dissatisfaction and divorce among contemporary couples. If you and your partner are like most couples, chances are you've had an argument about money today or yesterday! ***Couples & Money*** offers specific tools and skills that you can start using immediately to (1) understand how you think about money; (2) deepen your awareness around your choices and behaviors related to money; and (3) end the arguing and upset with your partner around money forever! ***Couples & Money: Cracking the code to ending the #1 conflict in marriage*** is available on Amazon.com and BarnesandNoble.com.

Dr. Jackie's third book in the Cracking-the-Code series is ***Love Like a Black Belt: Cracking the code to being a happy couple***. Dr. Jackie co-authored this book with Jim Bouchard, who has been a professional martial artist and instructor for 25 years. Jim is the author of the Amazon bestseller *Think Like a Black Belt* and he tours nationally to teach his Black Belt Mindset philosophy for conference and corporate audiences. ***Love Like a Black Belt: Cracking the code to being a happy couple*** is the ultimate guide for committed couples to build a strong, respectful and lasting love-relationship based on learning, practicing and mastering the essential relationship success skills as discussed by Dr. Jackie, while staying true to the core characteristics of the Black Belt Mindset as discussed by Jim. ***Love Like a Black Belt: Cracking the code to being a happy couple*** is anticipated to be released early in 2012.

***People Talking: Cracking the code to being understood*** is Dr. Jackie's next book in the Cracking-the-Code Series and is scheduled for release in mid 2012. ***People Talking: Cracking the code to being understood*** is your primer to saying what you mean and meaning what you say, and understanding that communication is really related to the quality of your relationships! In every communication there is a sender and a receiver; and the breakdown in communication occurs somewhere in between. ***People Talking: Cracking the code to being understood*** is your guide to how to identify and analyze the breakdowns; learn the three main ways to listen deeply and elegantly; and practice specific strategies and skills so you will regularly understand and be understood by the people with whom you interact.

**Dr. Jackie's Monthly Relationship Tip Sheet**—distributed by email to men and women in over 38 countries. Available at [www.DrJackieBlack.com](http://www.DrJackieBlack.com)

**Ask Dr. Jackie**—Dr. Jackie's Relationship Advice Blog is available to read directly from the Ask Dr. Jackie Blog site, [www.AskDrJackie.com](http://www.AskDrJackie.com), or subscribe and each new post will be delivered directly into your email box. This Blog features Relationship Tips about dating; building lasting, committed relationships; increasing intimacy; resolving conflict; grieving the loss of a loved one; money; and much more. You won't find Relationship Tips like Dr. Jackie's anywhere else!

## Dr. Jackie - Internet Audio Credits:

**RelationshipTalk Podcast™ with Dr. Jackie**—These Podcasts are fast-paced and jam-packed with valuable tips and strategies about dating; building a committed, lasting relationship; divorce and grief recovery. Dr. Jackie doesn't mince any words. Get everything you need to know about dating and love relationships right here. Dr Jackie's Podcasts are featured in the iTunes.com music store and are available to listen to directly from your computer or download right to your iPod or MP3 player. Available at [www.RelationshipTalkPodCast.com](http://www.RelationshipTalkPodCast.com)

**The Dr. Jackie Black Show**—This exciting Internet radio show features interviews with authors and others from around the world who freely share their insights on real and complex issues of dating smarter, where to meet other singles, money, sex, living together, reducing conflict, commitment and committed relationships, rebuilding after an affair, divorcing, deepening intimacy and trust, making a great relationship better and lots more! Dr. Jackie's Internet streaming radio shows are available to listen to directly from your computer or download right to your iPod or MP3 player. Available at [www.RelationshipTalkPodCast.com](http://www.RelationshipTalkPodCast.com)

Watch Dr. Jackie in action. Her You Tube Channel [www.youtube.com/user/drjackieblack1](http://www.youtube.com/user/drjackieblack1) features her videos and interviews.

## Dr. Jackie - Guest Expert on Television and the Radio:

Dr. Jackie is a frequent guest expert on talk radio shows across the U.S., Canada, and around the world talking to listeners and answering their questions about dating, building committed, lasting relationships; parenting; divorce; current trends and events, and much more. Among them are...

E-TV, "Great Expectations Morning Magazine Show" hosted by Sam Cowen, Johannesburg South Africa

BBC Radio, United Kingdom

98.4 Capital Radio FM a Worldwide Station, Air Afrique in Nairobi, Kenya, "Afternoon Drive"

101.6 FM-Onda Cero International Radio, Costa Del Sol, Spain, "Vince Tracy-Chat Radio Host"

WJHM 102jamzorlando, Orlando, Florida, "The Home Team Show"

Inside Romance Success, "The Kevin Decker Show" Success-Talk.com

KPSI Radio AM 920, Palm Springs, California, Co-host of 2-hour "Relationship Talk"

KBS All Hits Radio, British Columbia, Canada, In-house Expert for "Wayne Kelly & Jayne Garry Morning Show"

97.3 K-Rock, Edmonton, Alberta, Canada

KKNW 1150 AM, Seattle, Washington

Positive Choice Talk Radio, Bellevue, Washington

Finance Talk Radio, "The Joan Sotkin Show" BlogTalkRadio.com

Sedona Talk Radio, "Journeys from the Heart with Lori Rubenstein" BlogTalkRadio.com

Voice America Talk Radio, "Living Passionately with Lisa Fredette" Internet Radio

Bond Radio-Brotherhood Organization of a New Destiny, Los Angeles, California, "The Jesse Lee Peterson Show" Internet Radio

WPCV 97 Country FM, Lakeland, Florida, "Roger & Tom Show in the Morning"

88.5 Live Wire Newcap Radio, Ottawa, Ontario, Canada

WIRN World Internet Radio Network, "JB and Morgan Show" Internet Radio

Contact Talk Radio, Bellevue, Washington, "Maureen Staiano Show" Internet Radio

Maxim Radio, "Covino & Rich Show" SIRIUS Satellite Radio

Karma Air, Hollywood, California, "Carol Allen Show" Internet Radio

National Radio Network (RCN Radio), Bogota, Colombia, "Juan Manuel Robledo"

Woman Savers Radio, "Stephany Alexander Show" Internet Radio

Jobacle Radio, New York, New York, "Andrew GR Working Podcast" Internet Radio

Internet Radio Magazine, Portland, Maine, "PowerPod Hosted by Jim Bouchard" Internet Radio

Cathy Holloway Hill—"Living by Design" BlogTalkRadio.com

Jim Bouchard "The Show, Think Like a Black Belt," BlogTalkRadio.com/JimThinkLikeaBlackbelt

Jon Hansen Internet Radio Show. Dr. Jackie is featured as a monthly guest on Jon Hansen's Talk Show. BlogTalkRadio.com/jon-hansen

Watch Dr. Jackie in action. Her You Tube Channel [www.youtube.com/user/drjackieblack1](http://www.youtube.com/user/drjackieblack1) features her videos and interviews.

## **Dr. Jackie—Recent Speaking Engagements and Events:**

Association of Coaching & Consulting Professionals on the Web (ACCPOW), Eleven-Day TeleSummit, Speaker and Panelist

Women Leaders Forum of Coachella Valley, Indian Wells, California, Keynote Speaker

Winning Edge Coaching, 4-Day, on-site Retreat, Chintsa, South Africa, Trainer

Winning Edge Coaching, Johannesburg, South Africa, Keynote Speaker

Winning Edge Coaching, Workshops and TeleConference, Johannesburg, South Africa, Facilitator

Bridal Show and Special Event, Palm Springs, California, Keynote Speaker

Hilton Johnson HealthTeleClasses.com, Presenter

Mort Fertel's Marriage Fitness, Presenter

Desert Singles, Palm Desert, California, Keynote Speaker

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# What People Are Saying...

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She is recognized for her high-content and fast-paced focus on current, and sometimes controversial, relationship-driven issues.

## What Dr. Jackie's Clients Say:

"Your input and ability to listen openly to both sides has really helped us through this hard time." *T.R., 46 & R.K., 40, In-love, wanting to marry, less conflict in relationship after coaching.*

"Thanks for helping us live more fully and with intention AND live together as a couple!" *H.H., 38 & K.L., 35, Dated, good match, learned new skills in coaching.*

"Thank you for helping me find myself. I am dating with intention and yes, an open heart. Terrific things keep happening!" *H.K., 48, Successful professional; previously unsuccessful finding his ideal match.*

"Our coaching has helped me find peace of mind and self-awareness as well as the insight and confidence to continue to put myself out there." *A.M., 53, Just divorced.*

"You have been a life-saver as well as a fountain of encouragement, resources, and support." *B.T., 47, Divorced.*

"I am very AWAKE now. It is sort of like wearing a pair of sunglasses and seeing vibrant colors for the first time. I finally get it!" *K.D., 34, Successful corporate woman, now on track finding her ideal match.*

"Thank you for helping me appreciate life from the painful process of mourning a death, and becoming ready to love again." *E.K., 39, Single following a painful divorce.*

"Celebrating our 2nd anniversary and we raise our glasses to a toast of thanks to you!" *R.D., 50, Found his ideal match and marriage.*

"Our work together is lasting a lifetime." *H.K., 48, Successful.*

"Thanks for teaching me about feeling my deepest pain in order to feel my deepest joy." *T.R., 57, Divorced, in transition.*

"You touched my life in a permanent and meaningful way." *G.J., Suddenly single after death of her husband.*

"....I hear your voice and finally my own, too. Isn't having hope great?" *V.M., Single.*

"Thank you for helping me realize I belong in the land of the living." *S.T., 54, Widowed.*

## What Dr. Jackie Black's Readers Say:

**Dear Dr. Jackie Black:** When I read your article on dating last week, suddenly so many things about my relationship began to make sense. It was the first time I ever heard that dating has a beginning, middle and an end. I always just hope things will just work out if I do it right. You have given me a lot to think about. I hope you write more about these things. I cut out your article to save, and I have shown it to a lot of my friends and co-workers. You are helping a lot of people. We'll keep reading, we hope you'll keep writing.

**Dear Dr. Jackie:** I read your column. When you said "become involved and invest in observing and listening carefully to yourself and others," it hit me like a ton of bricks! All of a sudden I realized that what I do is listen to what the other person says, and worry about what the other person needs and wants. I don't have a clue what I think, or what I need or want. I don't have any idea where to start to change this about myself. What you wrote sounded "right on" to me. If you would be so kind to write about how to learn to listen to yourself and not concentrate so much on other people I would be most appreciative. In our office we put interesting and helpful newspaper and magazine articles on the refrigerator in the break room. We put yours up first thing Monday morning. Thanks for being out there, Dr. Jackie.

**Hello, Dr. Jackie:** After I read your article on thinking you're falling in love but you really don't even know the person, I knew that I was doing that. I met a man and felt everything you talked about and we did all the things you say people do (talk on the phone for hours, hang on every word, make lots of things OK). I have been wracking my brain wondering what was wrong with me because I am not so happy with him anymore. He has changed, and I thought it was because of something I was doing wrong. Maybe for him I have changed too. I am going to try to observe and listen more carefully to both of us and I'm going to talk to him about these things. This is a first for me, Dr. Jackie. Thanks for your advice.

**Dear Dr. Jackie:** My friends and I really liked your article about being so attracted to someone you don't really know and starting a relationship with "a virtual stranger." Wow, now we want to know more about how to not do that! We were all talking about it at a party over the weekend and we wanted you to know how much you helped us. We can't wait to get the next issue and read you. Thank you, Dr. Jackie.

## **What some people have said about Dr. Jackie's Relationship Workshops:**

The workshop was great but too short! Thank you for the listening skills piece! It made all the difference in the world as my husband and I practiced during the workshop. N.P.

I really enjoyed the Workshop especially finding out that other couples experience the same problems. I really appreciated being able to work on specific problems with Dr. Jackie and my wife right on the spot, and focusing on solutions and alternatives. The best idea was to make time to listen to my wife!! I intend to use the worksheets often. R. P.

The information was packaged superbly. I wish there had been more time for workshopping. I could have sat there for days learning, practicing and enjoying results! What I learned and unpacked today will make me a better partner, friend, colleague, mother and educator. Thank you, Dr. Jackie for touching my life! T. O.

Dr. Jackie, thank you for helping me realize that others won't understand me if I never tell them how I feel or what I want. I'll use all this wonderful information and rich learning at work and at home with my family and my partner. M. G.

## **What some people have said about Dr. Jackie's Relationship TeleLearning™ presentations:**

Thank you for your clear and concise answers to questions that have been bothering me for so long. M.K.

I thought I was such a loser...now I know it was about information and tools I needed and didn't have, not about me personally. Thanks Dr. Jackie. L.L.

I have wasted so much time doing all the wrong things, being miserable and hating dating. I wish I had learned these easy skills earlier! T.R.

## **What some people have said about Dr. Jackie's Partners-In-Life Program:**

Once I became clear about my life and what I needed and wanted from a life partner, the next step was obvious to me! G.F.

We both came to recognize that we were not a good match for each other. Moving on without each other actually felt right and wasn't the nightmare we had both feared. A.N. & D.W.

Now that we are sure we want to co-create a life partnership, we are so grateful that you are here to support us to learn and practice skills for being a loving couple. T.K. & F. S.

## **What some people have said about Dr. Jackie's Dating Bootcamp™:**

I have finally stopped doing some of the things I have always done, and I am definitely closer to finding my ideal partner than ever before. K.S.

At first I didn't want to do the "homework" but now I understand how important doing my own work is to date successfully. H.D.

It was so great sharing my horror stories with others who could understand and commiserate. This was the most helpful self-help training I have ever attended! K.J.

## **What some people have said about Dr. Jackie's Committed Couples Bootcamp™:**

Our marriage was good, and we have always loved each other. After Bootcamp we are closer than ever and are really talking about issues and resolving problems quickly and lovingly. J.K.

What I liked the most was the opportunity to hear from other couples and share our experiences. I really learned a lot! R.B.

Sometimes we thought we might not make it. Neither of us wanted a divorce. Committed Couples Bootcamp™ really helped us find the road back to each other, and we learned so many new couple skills and tools. Thank you Dr. Jackie. B.B. & G.B.

This Bootcamp is no joke...it was more work and bigger results than I could have imagined. You rock Dr. J! R.W.

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# Living Your Life and Your Love Life Through Vision, Values and On Purpose

By Jackie Black, Ph.D.

We create our life and our love life through our beliefs, intentions, and the actions we take in the world.

Every one of us has an inner guidance system that drives us and guides our choice-making whether we are aware of it or not. Our system includes:

- A “vision” of what we want our life to be;
- Values that are the structure of our life; and
- A “life purpose” that is our reason for being

A love relationship is most fulfilling and satisfying when it is in alignment with our vision, values and life purpose.

When you think of your “vision”, think of your personal world of family and friends, your community, work and colleagues...everything in the world that touches you in some way every day and how you want that to be.

Consider that to value something is to esteem it to be of worth. Your values drive your choices and actions. Your values are who you are, what you do, and how you express yourself. When you live through your values, you make decisions and choices that honor those values without regard for your desires, thoughts or fears, and your life has meaning.

Each one of us has a unique purpose. We create meaningful work and a fulfilling life when we live on purpose. When our “life purpose” is clear it guides our choices and helps us know where we are headed.

When we live from our being we live a life in alignment with our vision, values and life purpose. When we live from our being we can genuinely love and be loved by another; to know a love that grows out of choice. Real love with our partner-in-life allows us to experience being loved by someone who chooses to love us, who sees in us something worth loving.

Only YOU can make it happen!

**Dr. Jackie**

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# The Difference Between Solitude and Loneliness

By Jackie Black, Ph.D.

Have you ever wanted some time alone? Has anyone ever told you s/he needed to "take some space"? The notions of solitude, loneliness and being alone are often confusing or misunderstood, especially by committed partners.

One way to look at this is to say that solitude is the joy of being alone while loneliness is the pain of being alone. Being alone is not necessarily to be lonely. Being alone involves only physical separation, but being lonely includes both spiritual and psychological separation or isolation.

According to Richard J. Foster, solitude is an inner fulfillment, while loneliness is inner emptiness. Solitude is a voluntary retreat from the company of other people and loneliness seems beyond our control. And Paul Tillich writes, "Loneliness expresses the pain of being alone and solitude expresses the glory of being alone."

All too often men and women are threatened by their partners needing or wanting "space" an opportunity to enjoy solitude. They somehow feel that if their partners really loved them they wouldn't want to be apart from them. Or they take it personally and project that they have done or said something that has offended their partner and s/he now wants to get away. Nothing could be further from the truth.

Solitude is the ability to enjoy inward quietness. Times of solitude are frequently enriching and refreshing if we use them wisely. When we choose times of limited seclusion we often experience new perspectives that help us know more fully the things that really matter. Solitude is the prerequisite for creativity and the place in which we can discover the treasure chest of tranquility and serenity and all their benefits.

The fact of the matter is that the state of "aleness" is the same whether we are suffering loneliness or enjoying solitude. The only difference is in our attitude toward ourselves. In solitude we enjoy spending time alone, because we know that we are in the best company there is! In loneliness we believe we are alone because nobody wants to be with us.

Loneliness is not simply a matter of being alone, but rather the feeling that no one really cares what happens to you. It is the painful awareness that we lack close and meaningful contact with others, which produces feelings of being cut off from them.

According to Mother Teresa, "The biggest disease is not leprosy or cancer. It is the feeling of being uncared for, unwanted—of being deserted and alone."

If you are lonely examine your fears and your attitudes. Have you built walls of defense instead of bridges? Are you afraid of closeness with others, getting hurt, failing, or perhaps the pain of losing someone you love?

Are you filling your life by being busy, seeking out and spending time with people you may not particularly like? Or are you filling up the spaces of your life with lots of noise from the radio, TV, DVD's or surfing the net endlessly?

If you feel the pain of loneliness or the fear of your partner needing to create a time for solitude, please consider reading this terrific new book, [There Must Be More Than This: Finding More Life, Love, and Meaning by Overcoming Soft Addictions](#) written by Judith Wright. While this book doesn't address the notions of solitude, aloneness or loneliness in so many words, Ms. Wright explores the whole idea of soft addictions, which I refer to as "being busy and making noise." These only serve to distract us from listening to our inner knowing and deepening our inner awareness. Creating opportunities for solitude and becoming comfortable in your own company are skills you can learn and which will be hugely beneficial throughout your life.

Get to work. You're worth it!

Only YOU can make it happen!

**Dr. Jackie**

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# Honor and Respect Your Partner's Feelings As If They Are Your Own

By Jackie Black, Ph.D.

I want to focus on an essential relationship behavior that you will want to practice, become good at and use frequently with your Honey:

*...Honor and respect your partner's feelings as if they are your own*

Our feelings are the barometer of our outside existential lives. Our feelings let us know how things are going for us inside ourselves. Feelings exist because they do, in and of themselves. We cannot choose to change, modify, not feel, or otherwise positively or negatively affect our feelings. The only choices we have are directly related to our behavior.

Feelings are as normal as hunger and fatigue. When we dismiss, diminish, ridicule, criticize, mock, belittle, disparage or demean anyone's feelings we are acting in the most disrespectful and unloving way.

Next time your Honey (or anyone in your life, for that matter) expresses a feeling, consider hearing the feeling as a sacred offering. Be curious and compassionate.

Remember: It is not your job to fix anything. She or he is not broken. It isn't necessary to offer insights, suggestions, give answers or otherwise provide brilliant advice or express profound guidance. Don't get distracted by the content of the event. Stay with the feeling(s). Your Sweetheart is experiencing and expressing normal, natural human emotion.

Here are 3 simple, loving behaviors:

- Listen with your heart.
- Tell your partner that he or she matters to you and that their feelings are important to you.
- Ask if there is anything you can do or say right now that would be helpful.

Believe that your presence and your caring go a long way to soothe hurt and upset hearts. Very often people know what they need or what might be helpful. When they don't, the 3 simple loving behaviors are enough!!! Try it and let me know how it goes!

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# It Is Not Mean or Rejecting to Stop Dating a Person Who is Not a Match

By Jackie Black, Ph.D.

How many people do you know who can not tell someone they are dating that they do not want to see them any more?

How many couples do you know who continue to date, are not making a commitment and one or both of them are miserable being together?

Why do you suppose that intelligent, capable and otherwise successful men and women do not tell the truth when they no longer want to spend time together and build a life with another person? Men and women from the U.S. and Canada to the U.K. to Australia and New Zealand tell me the very same thing:

- I can't tell him that I don't want to be with him anymore...it sounds so mean
- I don't want to hurt her feelings
- I can't just reject him, he's such a nice guy
- She won't understand...she'll be so upset and she's very sweet
- People say I'm being too picky...that I am actually very lucky to be dating such a wonderful...

Please remember you are dating. Dating is a process. You are dating to find your ideal match. Recognizing that the men and women you are dating are not a match for you is the point of the process.

It is highly likely that you will date a number of people who will not be your ideal match before you and the love of your life find each other. As soon as you recognize that your date is not your ideal match, stop the dating process.

You will not be the ideal match for the overwhelming majority of people who date you! When men or women you date recognize that you are not a match for them, they will (hopefully) stop the dating process...they will stop dating you.

There is no "rejecting" or "rejection" going on here. No one is being mean or hurting the feelings of others when one stops dating someone who is not the ideal match. Mindful adults are making mindful decisions with volition and intention about the "who" and the "how" of the rest of their lives. It is as simple as that.

Go out, keep dating and don't settle or accept good enough. Your ideal love is a very special man or woman who will not be interchangeable with anyone else.

Trust that it can be fabulous; that you can have what you want! Say goodbye as soon as you know what you know, deep in the place where you know it!

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# Divorce is a Legitimate Choice

By Jackie Black, Ph.D.

For many men and women in a wide variety of situations divorce is a legitimate and appropriate choice. Getting divorced is a process and consists of 3 main elements:

- Emotional
- Financial
- Legal

Healing from divorce is not easy. It is often a long and excruciating process and always brings out strong emotions. The divorce process frequently leaves people feeling lonely, flawed, enraged, undesirable, helpless, empty and emotionally raw and overwhelmed.

If you or someone you know is going through a divorce, the best recommendation I have is to put together a team of knowledgeable, experienced professionals who will work on your behalf for the best possible outcome for you!

Lawyers, mediators, therapists, coaches, accountants, clergy and financial planners all have valuable points of view to consider. If you have children, stay in close communication with your children's teachers and the parents of their friends.

An important part of the repair process is learning to honor and heal the many emotions of divorce. Please remember that all these emotions are a normal and natural response to divorce:

- Anger at yourself and your ex-partner
- Shame and guilt that haunts you and keeps you stuck and unable to think about many of the alternatives and possibilities
- Sadness and despair over the loss of the relationship
- Anxiety over the disruption of the family
- Loss of a lifetime of hopes, dreams, expectations

While there is no argument from me that divorce can be painful and awful in many ways, you still have choices when it comes to your response(s) to getting divorced. I urge you to become willing to choose...

- Self-discovery
- Deepening your self-awareness
- Renewing self-respect
- Learning to make new choices
- Working on forgiveness

Take the first step on the road back from the awfulness of your divorce and toward repairing and restoring an injured part of self, forwarding cooperation and good will with those with whom you have been in conflict, reducing any on-going harmful impact on yourself and your children, exploring the values that drive your decisions and creating useful, healthy ways to meet your needs. You can say goodbye to pain and confusion and begin designing a life that is rich and meaningful today.

Only YOU can make it happen!

**Dr. Jackie**

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**Jackie Black, Ph.D.**, is an internationally recognized Relationship Expert, Educator, Author and Coach who knows that "Love is NOT enough!"

Marriage-Minded Singles and Successful, Committed Couples need to develop emotional intelligence; learn, practice and master essential relationship success skills; and must be courageous, compassionate, committed, tolerant and persistent.

Dr. Jackie serves men and women who are marriage-minded singles, couples exploring commitment, newly-married, conscious-couples wanting to make a good marriage better, couples in trouble, and couples facing illness or the death of their partner.

She is a popular newspaper, magazine and Internet syndicated columnist, radio personality, author, and a veteran lecturer and educator. She is recognized for her high-content and fast-paced focus on current, and sometimes controversial, relationship-driven issues.

To learn more about Dr. Jackie's work and her specialized coaching services, visit her website at [www.DrJackieBlack.com](http://www.DrJackieBlack.com). Additional Cracking The Code Book Series information is available at [www.CrackingTheCodeBooks.com](http://www.CrackingTheCodeBooks.com).

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