

DR. JACKIE BLACK

BIO

Jackie Black, PH.D., BCC is a Relationship Expert, Marriage Educator and Board-Certified Coach to Couples. She partners with couples who are high achieving entrepreneurs and professionals to help them rekindle that yummy place they used to be in together, and feel deeply loved, cherished and safe in each other's arms, again.

For the last 36 years, she has worked with over 1,000 couples in 8 countries who have lost their spark, become just friends or slowly drifted further and further apart, and helped them stop fighting, start celebrating each other and their relationship, and become lovers again.

Dr. Jackie is a 3X author of how-to books for couples, a former radio show host and podcaster. Today, she loves being on the guest side of the mic. As a podcast guest, she pays very close attention to delivering high quality, immediately actionable couple-specific tips, tools and strategies, and sharing relevant personal stories, at the same time ensuring your conversation stays entertaining and engaging.

TOPICS

- How successful entrepreneurs and professionals slip into boredom and being “just friends” and roommates, which often leads to separation or divorce... and what to do about it.
- What to do when kids, bills, and in-laws kills the romance.
- How to keep the relationship resentment wolf away from the door.
- Why do some relationships go South when they start off so great?
- What it really takes to have great sex (hint: It's closeness and vulnerability)

QUESTIONS

1. Why is it that some of the most successful people have some of the messiest and least satisfying personal relationships?
2. How much conflict is normal in a healthy partnership?
3. What are the red flags and warning signs that can lead to “just friends” syndrome and how does this often lead to divorce?
4. You hear all the time, “You have to work on your relationship.” That sounds terrible. Is that really how we have to do it?
5. When our spouse becomes ill, what must change in the relationship?
6. Is it even possible to repair a relationship after a serious fight or a big broken promise?
7. When the ‘spark’ goes out, is there anything you can do to reignite passion?
8. What do you do if one partner wants to work on the relationship and the other partner doesn't?
9. Give us your best strategy partners can use to stop bickering and arguing?
10. How do couples create divorce-proof and affair-proof partnerships?

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