



Relationship Expert | Marriage Educator | Coach To Couples Living With Illness

Helping couples living with illness stop just getting through it- and start living a remarkable life together, even in the middle of it.

About:

Jackie Black, PH.D. BCC, helps couples living with illness navigate the emotional and relational impact living with illness brings.

She works with couples who love each other but feel the strain illness can place on communication, roles, and connection—guiding them out of disconnection and back into feeling supported, understood, and like a team again.

Over the past four decades, Dr. Jackie has helped more than 1,000 couples across eight countries reconnect and create relationships that feel warm, grounded, and alive.

A three-time author and former radio host and podcaster, Dr. Jackie is a sought-after guest known for her calm, insightful, and deeply practical approach.

Signature Topics:

- Why Illness Doesn't Have to Disconnect Couples—And What Actually Does
- From Patient & Caregiver Back to Partners
- The Hidden Relational Impact of Illness No One Talks About
- Beyond Coping: Building a Remarkable Life Together
- Staying a Team When Life Changes Everything

Sample Questions:

- What changes between partners when illness enters a relationship?
- Why do you say it's not the illness, but what happens between couples that creates disconnection?
- How do roles quietly shift—and why does that create tension?
- What does a "remarkable life together" mean in this context?
- What's one small shift couples can make right now?

Why Audiences Love This Conversation:

Dr. Jackie brings a calm, grounded presence to conversations about relationships—especially in the context of illness and life's more complex seasons.

Her insights are:

- Emotionally attuned (not surface-level)
- Immediately applicable
- Deeply relatable for couples navigating real challenges
- Listeners walk away feeling seen, understood, and equipped with a new way forward.

Booking:

drjackie@drjackieblack.com

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